

ALOHA™ NASAL PILLOW SYSTEM QUICKSTART GUIDE

Follow these instructions to properly position your Aloha headgear and nasal pillows. The device must be turned on in order for the mask to seal to the face properly. There should be minimal or no leaks. **NOTE:** Refer to instruction manual for more detailed instructions.

STEP 1



Select the size of pillows appropriate for your nose. Insert the inlet of the Tube Assembly into the Pillows Reservoir. **NOTE**: *The outer flange on the inlet should stop against the flange on the Reservoir.*

STEP 2





Note that the Reservoir has a size marking (SM, MD, or LG) on its curved channel on one side. One of the plastic supports of the Headgear has an "R" marking near its curved hook. Fully insert the curved hook marked with the "R" into the curved channel on the Reservoir that has the size marking. If this is done properly, the "R" should face outwardly. Fully insert the remaining curved hook of the Headgear in to the opposite curved channel of the Reservoir.

STEP 3



The angle of the Reservoir may be adjusted by changing its position on the hooks of the Headgear. It is best to start with the hooks engaged into the Reservoir channels as far as possible and then rotate to adjust the hooks outward as needed.

STEP 4





Pull the Headgear on over the top of your head and insert the Pillows into your nose. **First**, adjust the back straps of the Headgear. **Second**, adjust the top straps. Continue to adjust all straps until the interface fits comfortably on your face with minimal air leakage.

Breathe normally, and continue making minor adjustments until you have a comfortable fit with minimal leaks. If you are unable to achieve a comfortable fit or resolve leaks at the nose, you may need an alternative Pillow size.

STEP 5





The device can be worn with the Tubing on your chest or over your head, using the Velcro Ring as you prefer.

STEP 6





To remove the interface, you usually do not need to release the straps. Just grasp the Reservoir and pull it forward until it clears your nose, and then lift the interface off over your head.