

# HYBRID™ UNIVERSAL INTERFACE QUICKSTART GUIDE

Follow these instructions to properly position your Hybrid headgear and mask. The device must be turned on in order for the mask to seal to face properly. There should be minimal or no leaks. **NOTE:** *We recommend viewing the instructional videos on the product CD for more detailed instructions.* 

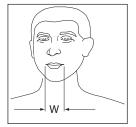
# STEP 1 - Sizing the Cushion



Place the cushion over the mouth and inspect for complete clearance around the lips:

Adequate clearance – appropriate size Not enough clearance – try larger size Too much clearance – try smaller size.





Measure the width (W) of the mouth as shown in the diagram:

Width – W	Use Cushion
> 2.35" (59.7 mm)	LG (Large)
from 2.35" to 2.10"	MD (Medium)
< 2.10" (53.3 mm)	SM (Small)



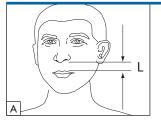
Confirm that the chin flap fits securely and comfortably under the chin. If the flap fits too tightly, try the next larger size of cushion.

# STEP 2 - Sizing the Pillow



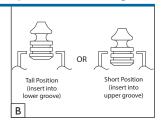
Place nasal pillows into nostrils. An appropriate size pillow should seal against the rim of the nostril.

# **STEP 3 - Choosing the Appropriate Pillow Height**



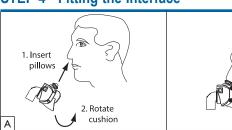
Measure the upper lip (L) distance shown in the diagram:

L > 0.3" (7.6 mm): Use TALL postion L < 0.3" (7.6 mm): Use SHORT position



Insert pillows as shown into the corresponding grooves on the cushion to achieve the desired pillow height position.

# **STEP 4 - Fitting the Interface**



- 1. Insert the nasal pillows at an angle into the nose.
- 2. Rotate the cushion downward over the mouth.



Confirm that the upper seal of cushion lies completely above the mouth on the upper lip. Reposition as needed.



Confirm the pillows are seated inside the nose and on the rim of nostril. Use fingers to guide pillows into the correct position.

# STEP 5 - Adjusting the Headgear



Confirm that the label on the headgear faces outward and up. Make sure that the straps are not twisted or on the ears.



Gently pull each of the four side straps to acheive an overall evenand balanced pressure and fit between the cushion and



Adjust the overhead strap on the headgear until the pillows fit comfortably against the nose

# STEP 6 - Adjusting for Leakage after Applying Air **Pressure**



Small leak at nasal pillows:

- 1. Repeat steps 4(B) and 4(C).
- 2. Gently tighten the overhead strap on the headgear.



Nasal pillows are not maintaining adequate contact with your nose:

- 1. Place pillows in tall position as shown in step 3(B).
- 2. Repeat steps 4 and 5.



Small leak at oral cushion:

- 1. Lift the interface slightly off the face and reposition.
- 2. Repeat steps 4(B) and 5(B). Do not over-tighten headgear straps as this may create discomfort.

NOTE: If you are unable to resolve leaks, you may need to try one of the alternative nasal pillow or oral cushion sizes included in your Hybrid interface package.

# **STEP 7 - Removing the Interface**

Gently press interface towards face and push one of the lower quick release buckles forward until it unsnaps. Pull interface and headgear away from head.

## TIP:

Although the swiveling elbow on the Hybrid allows you to route the CPAP hose in all directions, the guietest experience will occur when the CPAP hose is routed in the downward direction.

# Remember, the Keys to a Good Fit with the Hybrid are:

- Proper oral cushion size
- Proper nasal pillow size
- Appropriate pillow height position
- Upper seal of cushion completely above mouth on the upper lip
- Headgear worn correctly
- Adjust four side straps similarly for an even, balanced fit
- Adjust the overhead strap on the headgear



For further fitting instructions, please reference the Fitting Tips video located on the product CD.